In KS1, children usually have phonics, maths and literacy classes in the morning and then have a rolling programme of other subjects in the afternoons.

Similar ideas to the following would normally be delivered over several weeks.

These are suggestions for you to enjoy exploring (you might find something riveting and want to do 2 or more sessions together) but you don’t need to do it all in one go!

To help you gauge what might work for a learning at home schedule, the activities are split into sessions.

Phonics, reading, maths, literacy, physical activity and one other session is a suggested format.

History

**Session 1**

Emergency hospitals are being built to help people who have the COVID 19 virus, but have had bad symptoms and need medical care.

These hospitals are being called “Nightingale hospitals”.

Why do you think they are being called that? Use the following to check your idea.

<https://www.itv.com/news/2020-04-03/the-nhs-nightingale-how-big-is-it-who-will-it-treat-and-why-the-name/>

<https://www.bristolpost.co.uk/news/bristol-news/story-brunels-flatpack-hospital-florence-4022174>

Draw a picture of what you would include in a “flat packed” hospital.

(Will it come with labelled parts, a screwdriver and an Allen key? Is there a kitchen? Did you remember they will need toilets?)

**Session 2**

Watch Horrible Histories episode on Florence Nightingale.

<https://www.bbc.co.uk/iplayer/episode/b09vgbxj/horrible-histories-series-7-11-formidable-florence-nightingale>

How well can you do on the quiz?

<https://www.bbc.co.uk/cbbc/quizzes/horrible-histories-have-you-been-watching-formidable-florence-nightingale?collection=horrible-histories-quizzes>

**Session 3**

Mary Seacole was also a nurse at the same time as Florence Nightingale.

Find out about her story at..

<https://www.bbc.co.uk/teach/school-radio/history-ks2-mary-seacole-video/zbphxyc>

Did your family know about her?

Check out her Horrible Histories song!

<https://www.bbc.co.uk/cbbc/watch/horrible-histories-song-mary-seacole-song?collection=horrible-histories-songs>

**Session 4**

<https://www.bbc.co.uk/bitesize/topics/zns9nrd/articles/zjsxcqt>

2 minute video reminder and then an online quiz. What can you remember about Mary Seacole’s life?

**Session 5**

Diary entries.

Pretend to be either Florence Nightingale, Mary Seacole or a soldier from the Crimean War.

Think what they would write in a diary (between 1 day and a week suggested)

Tell a grown-up your ideas.

Can you video your diary ideas to create a Crimean Vlog?!